

Boston Public Health Commission provides a wealth of information to residents regarding health awareness and emergency preparedness. Let's take a look at some of what BPHC does:



HOB14-15

Health of Boston
2014-2015

Search...

WHAT WE DO BY TOPIC

HEALTH DATA

ABOUT US

WORKING WITH US

CONTACT US

Want to get a Flu Vaccine? Need Health Insurance? Worried about getting sick from eating Chipotle? BPHC can help!

Let's get started by going to www.bphc.org and clicking on the "What We Do By Topic" button

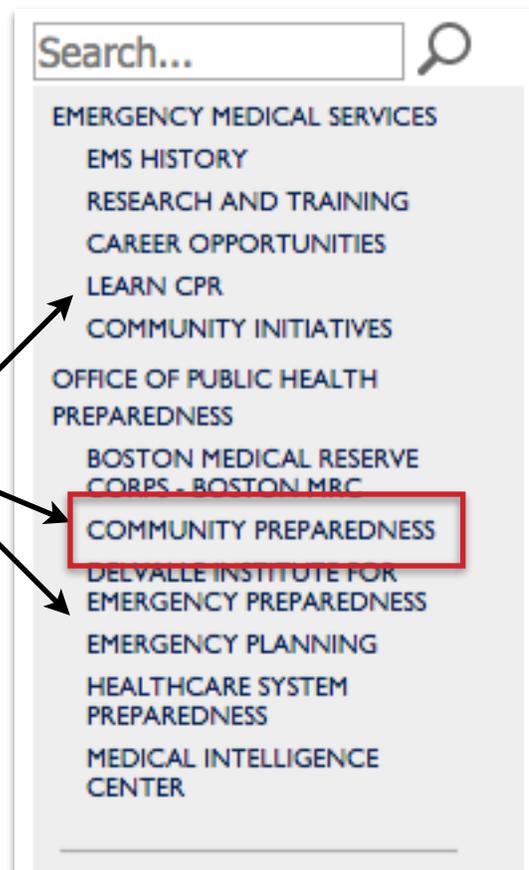
Emergency Services And Preparedness

Learn how to stay safe during an emergency by selecting the “Emergency Services And Preparedness” button



Now, on the right side of the page you can search resources to keep you and your family safe. You could “Learn CPR” or complete a free online course at the “Delvalle Institute for Emergency Preparedness”.

We recommend you explore “**Community Preparedness**”



Community Preparedness

Get Ready for emergencies such as Snowstorms, Hurricanes, Transportation Accidents, Household Fires, Heat Emergencies & more!



Scroll down through the “Community Preparedness” site and learn how to:

Make a Plan:

Use the City of Boston's free, online [Family Preparedness Planner](#). Be sure to:

- Develop an evacuation plan for your household
- Identify where to meet your loved ones in an emergency
- Develop a communications plan so that you can contact your family during an emergency
- Learn about emergency plans for places your family members spend a lot of time such as school or work

Access Official Information:

Know how and where to access official information prior to, and during emergencies. Official information will come from Boston City Hall or any of the three public safety agencies (EMS, Fire, Police). Here's a list of trusted sources to get you started:

- [ALERTBoston](#)
- [CityofBoston.gov](#)
- [Mayor's 24-hour Constituent Services Hotline \(BOS311\)](#)



BPHC for Health Services & Information

Besides Emergency Preparedness, use BPHC for access to dozens of incredible city health resources such as:

HEALTH ACCESS



INFECTIOUS DISEASES



CHILDREN'S HEALTH



HEALTHY EATING AND ACTIVE LIVING



Explore BPHC's exciting programs to protect, preserve, and promote the health and well-being of all Boston residents, particularly those who are most vulnerable!