



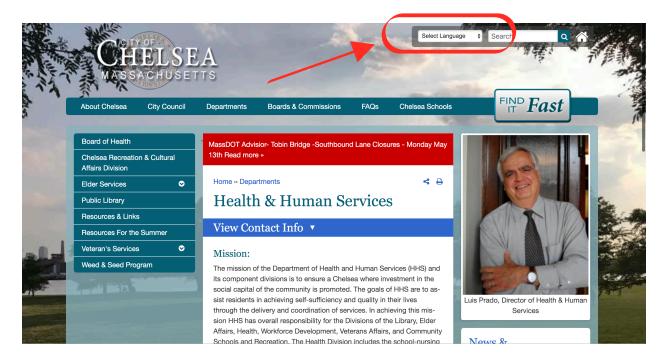
City of Chelsea

Health & Human Services

https://www.chelseama.gov/health-human-services

https://www.chelseama.gov/health-human-services is home for the Department of Health and Human Services (HHS)'s online resources. This tutorial will explain how to learn more about the Divisions of the Library, Elder Affairs, Health, Workforce Development, Veterans Affairs, and Community Schools and Recreation in Chelsea. The Health Division includes the school-nursing program and the new public health outreach pilot with Mass. General Hospital. Workforce Development includes the summer youth, after-school internship programs, and the Refugee Services Project. Elder Affairs deliver home care services to Chelsea elders in need. You can also learn more about: Board of Health, Council on Elder Affairs, Library Trustees, Community Schools Advisory Board, Chelsea Human Rights Commission, and Weed and Seed Steering Committee.

Let's begin by going to the <u>City of Chelsea: Health & Human Services</u> website. Scroll up and down to familiarize yourself with the layout of the site and to read the Health & Human Services' calendar and contacts. Click the arrows in the Select Language box to pick a language.



Staff Contacts

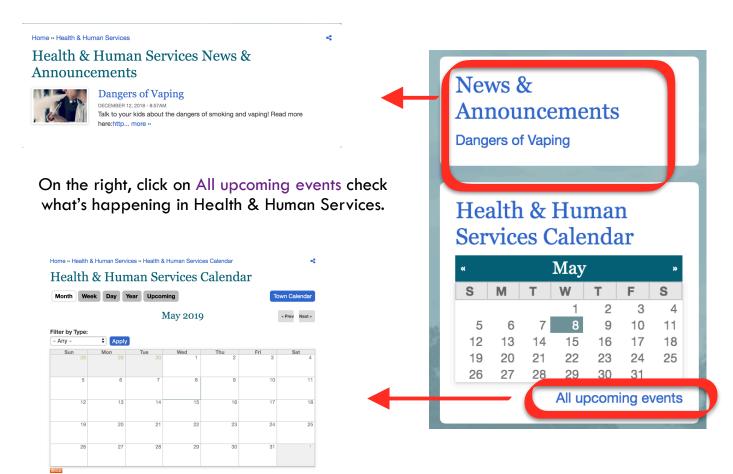
Scroll all the way down to find the contact information of Health & Human Services staff.

Name	Title	Phone
Luis Prado, MSPIH	Director HHS/HA	(617) 466-4090
Julie Nguyen	Business Manager	(617) 466-4092
Paula McHatton	Public Health Nurse	(617) 466-4082
Margarita Franco	Administrative Assistant	(617) 466-4091

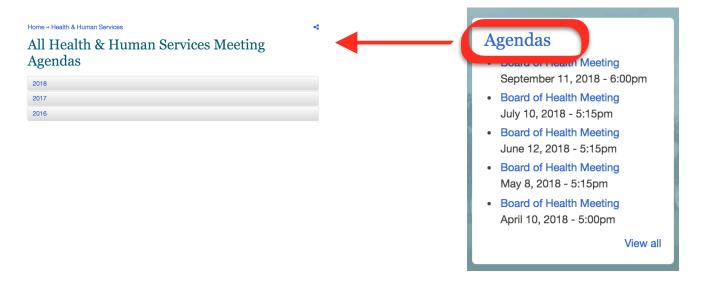
Underneath Staff Contacts, you will find all the contact information for the City of Chelsea.



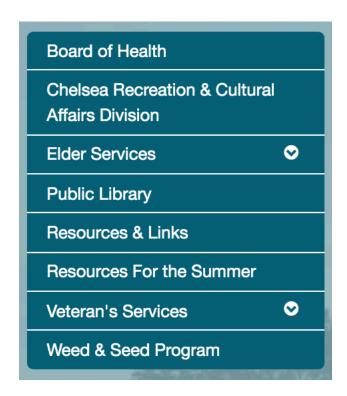
On the right, click on News & Announcements to check the news in Health & Human Services.



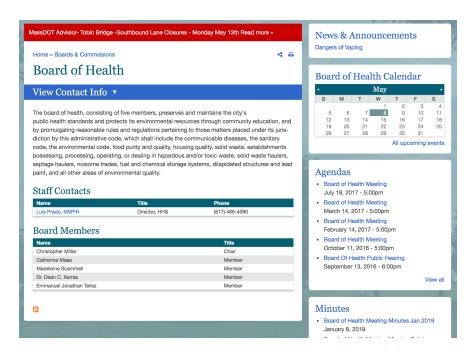
On the right, click on Agendas: View All to find out what's happening in the Board of Health meetings.



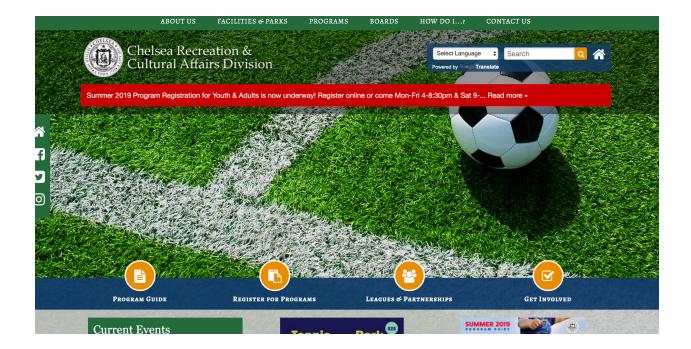
On the left, you will find the Main Menu.



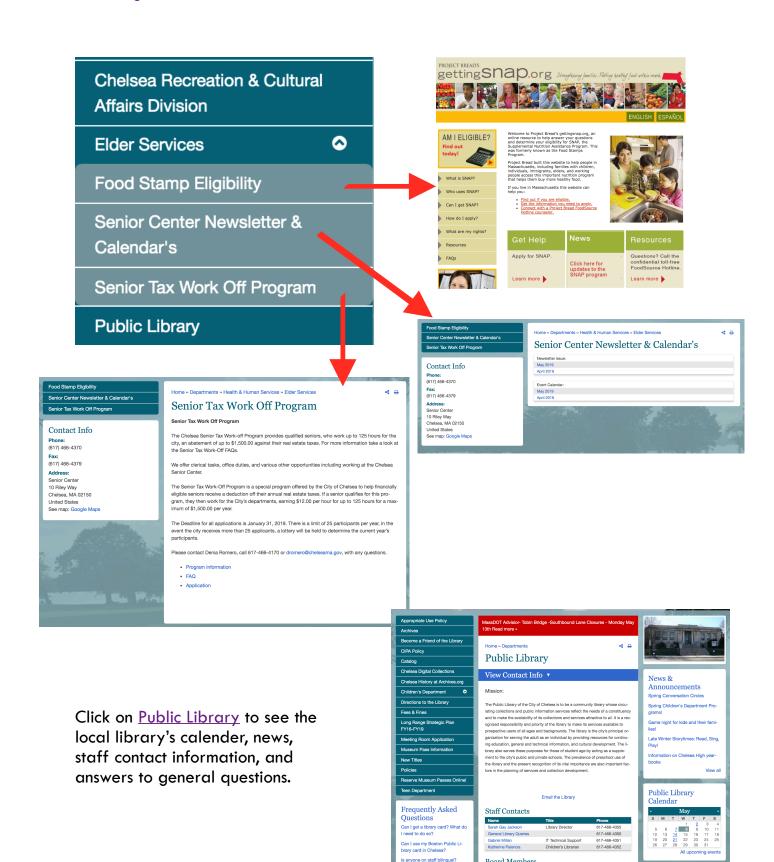
Click on <u>Board of Health</u> will provide you with all the staff contact information, calendar, and agendas.



Click on <u>Chelsea Recreation & Cultural Affairs Division</u> will provide you with all the parks, recreational programs, boards, and contact information for the City of Chelsea.



Click on the arrow in Elder Services to see information on food stamps, the senior center's contact information and calendar, and information on the Senior Tax Work Off Program.



Click on Resources & Links to find information on family literacy in English and Spanish, Medicare, MassMedLine pharmacists, health tips for the summer, Shine (free healthcare assistance to individuals with Medicare), and Social Security.

Home » Departments » Health & Human Services





Resources & Links

Program	Information	Phone Number
Lee y Serás	Promotes family literacy in English and Spanish.	
Medicare	Provides resources and answers to general questions.	1-800-633- 4227
MassMedLine	Pharmacists provide answers to medications and recommendations to Medicare plans.	1-866-633- 1617
Resources for the Summer	Health tips and resources for the Spring and Summer months.	
Shine	Provides free health care information, assistance, and counseling to Medicare beneficiaries.	1-800-243- 4636)
Social Security	Assistance with LIS Applications	1-800-772- 1213

Click on Resources for the Summer for summer safety tips.

Home » Departments » Health & Human Services

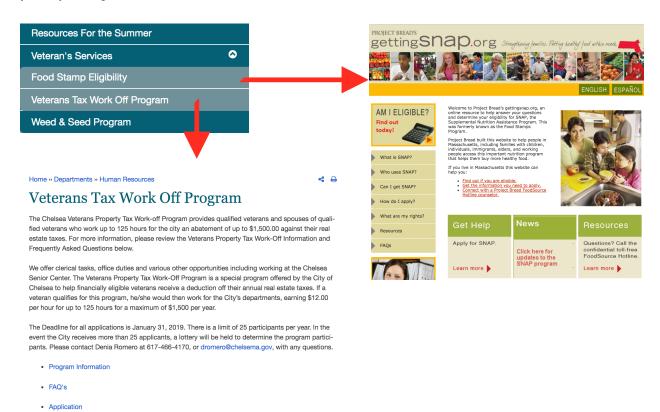


Resources For the Summer

The Spring and Summer months signal the beginning of increased outdoor activities such as cookouts, camping, summer vacations, and trips to the beach. The Massachusetts Department of Public Health wants everyone to enjoy this season in a safe and healthy fashion.

- Safe handling and preparation practices for fresh fruits and vegetables The FDA Centers
 for Disease Control and Prevention has reported that the occurrence of foodborne disease
 increases during the summer months for all foods, including fresh produce.
- Avoiding E. coli O157:H7 It's Cookout and Picnic Season! Learn more by reviewing The Bureau of Communicable Disease Control's entire listing of Public Health Fact Sheets. Or, check out the USDA's "Focus on Summer Food Handling", "Safe Food to Go" and "A Consumer Guide to Safe Handling and Preparation of Ground Meat and Ground Poultry"
- Safe seafood A clam bake is another seasonal tradition in New England. Learn more about Red Tide from the Food Protection Program. Check out The Food Protection Program's Newsletter "The Reporter", and an article entitled: "Summer is Seafood Time in Massachusetts"
- West Nile Virus Risk and Avoidance including daily bird, mosquito updates, EEE information, the brochure "Preventing diseases spread by mosquitoes" and fact sheets on the West Nile Virus and Mosquito Repellents
- Lyme Disease Awareness
- DPH Rabies Website Includes rabies fact sheets, updates, data, rabies sites for kids, and more!
- Information on Tularemi
- Extreme heat precautions During a heat wave the body has to work extra hard to maintain a normal temperature. CDC Information on Extreme Heat
- Summer Camp and Swimming Pool Information
- · Preventing Beach and Pool Incidents
- Prevent Harmful Sun Exposure Learn more about harmful sun exposure from the Centers for Disease Control/ Cancer Prevention and Control Program
- Ban the Burn Safe Sun Tips
- Storm Fact Sheet and Flooding

Click on the arrow in Veteran Services to see information on food stamps and the Veterans Tax Work Off Program, including general questions, the applications, and job openings.



Click on the <u>Weed & Seed Program</u> to learn more about the crime prevention program and to get contact information.

