



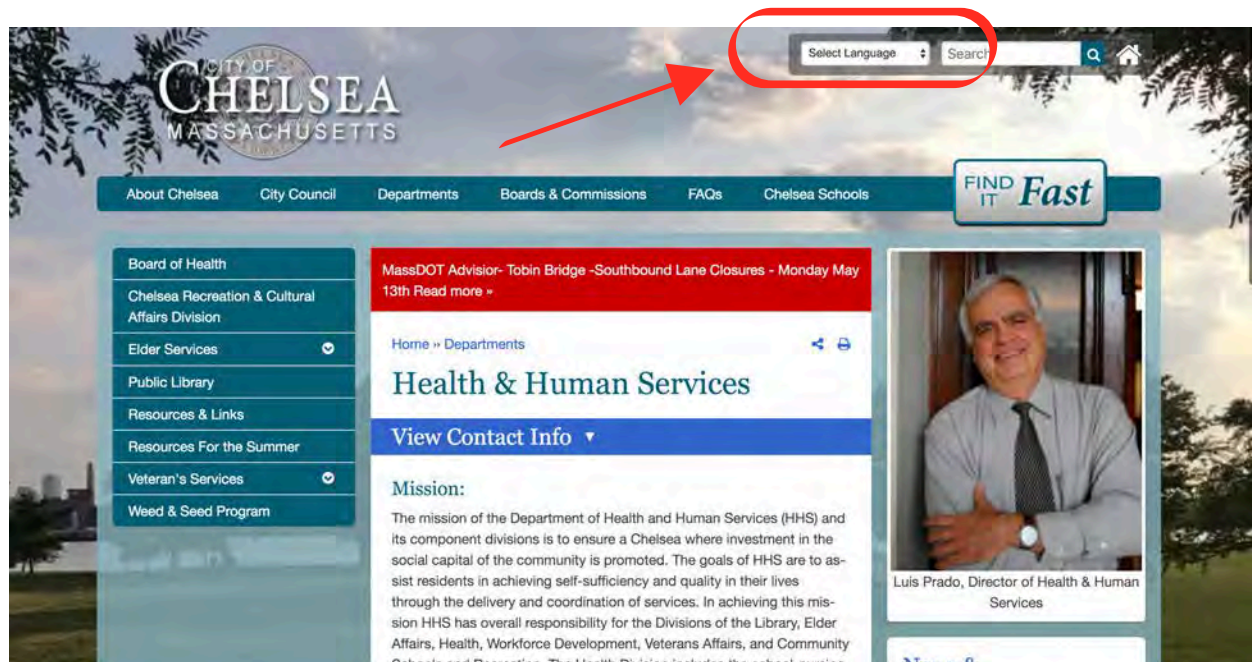
City of Chelsea

Health & Human Services

<https://www.chelseama.gov/health-human-services>

<https://www.chelseama.gov/health-human-services> is home for the Department of Health and Human Services (HHS)'s online resources. This tutorial will explain how to learn more about the Divisions of the Library, Elder Affairs, Health, Workforce Development, Veterans Affairs, and Community Schools and Recreation in Chelsea. The Health Division includes the school-nursing program and the new public health outreach pilot with Mass. General Hospital. Workforce Development includes the summer youth, after-school internship programs, and the Refugee Services Project. Elder Affairs deliver home care services to Chelsea elders in need. You can also learn more about: Board of Health, Council on Elder Affairs, Library Trustees, Community Schools Advisory Board, Chelsea Human Rights Commission, and Weed and Seed Steering Committee.

Let's begin by going to the [City of Chelsea: Health & Human Services](https://www.chelseama.gov/health-human-services) website. Scroll up and down to familiarize yourself with the layout of the site and to read the Health & Human Services' calendar and contacts. Click the arrows in the [Select Language](#) box to pick a language.



Staff Contacts

Scroll all the way down to find the contact information of Health & Human Services staff.

Name	Title	Phone
Luis Prado, MSPIH	Director HHS/HA	(617) 466-4090
Julie Nguyen	Business Manager	(617) 466-4092
Paula McHatton	Public Health Nurse	(617) 466-4082
Margarita Franco	Administrative Assistant	(617) 466-4091

Underneath [Staff Contacts](#), you will find all the contact information for the City of Chelsea.

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On the right, click on [News & Announcements](#) to check the news in Health & Human Services.

Home » Health & Human Services

Health & Human Services News & Announcements



Dangers of Vaping
DECEMBER 12, 2018 - 9:57AM
Talk to your kids about the dangers of smoking and vaping! Read more here:[http... more »](#)

[News & Announcements](#)
[Dangers of Vaping](#)

On the right, click on [All upcoming events](#) check what's happening in Health & Human Services.

Home » Health & Human Services » Health & Human Services Calendar

Health & Human Services Calendar

Month Week Day Year Upcoming Town Calendar

May 2019

Filter by Type: - Any - Apply

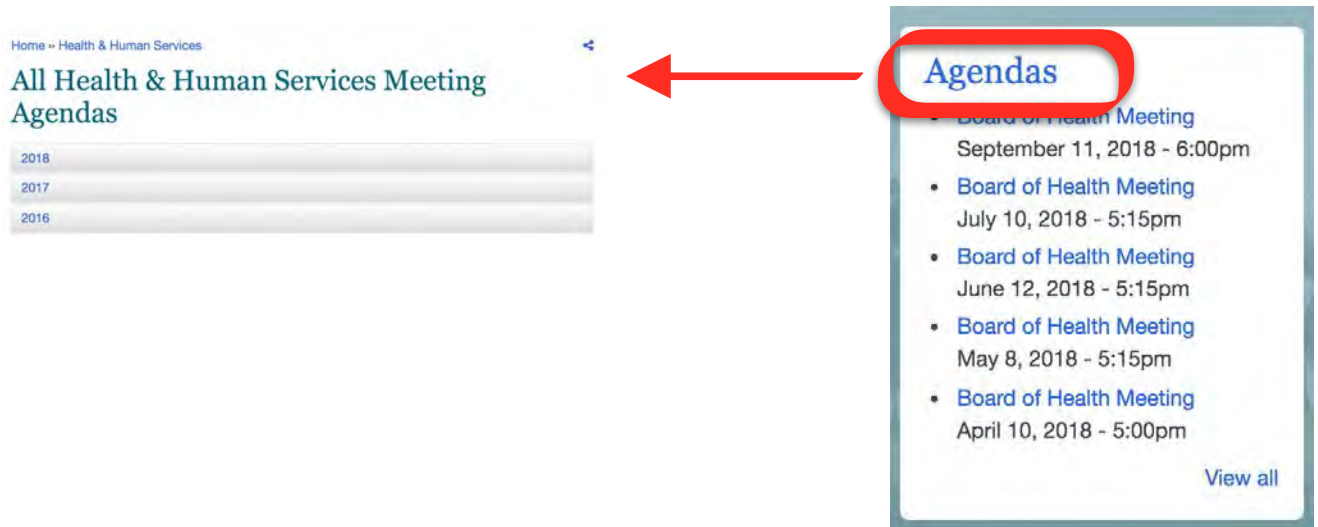
Sun	Mon	Tue	Wed	Thu	Fri	Sat
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19	20	21	22	23	24	25
26	27	28	29	30	31	

[Health & Human Services Calendar](#)

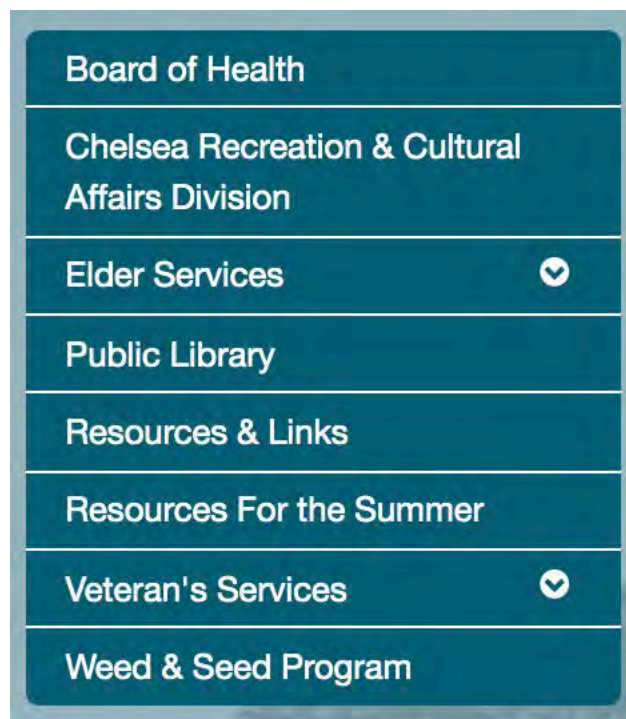
May						
S	M	T	W	T	F	S
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

[All upcoming events](#)

On the right, click on **Agendas: View All** to find out what's happening in the Board of Health meetings.



On the left, you will find the **Main Menu**.



Click on [Board of Health](#) will provide you with all the staff contact information, calendar, and agendas.

The screenshot shows the 'Board of Health' page on the City of Chelsea website. At the top, there is a red banner for 'MassDOT Advisory- Tobin Bridge -Southbound Lane Closures - Monday May 13th Read more >'. Below this is a breadcrumb trail 'Home > Boards & Commissions' and the title 'Board of Health'. A blue button labeled 'View Contact Info' is visible. The main content area includes a paragraph about the board's mission, a 'Staff Contacts' table, and a 'Board Members' table. To the right, there are sections for 'News & Announcements' (Dangers of Vaping), 'Board of Health Calendar' (a calendar for May), 'Agendas' (a list of upcoming meetings), and 'Minutes' (a link to the January 8, 2019 meeting minutes).

Staff Contacts

Name	Title	Phone
Luis Prado, MSPH	Director, HHS	(617) 486-4090

Board Members

Name	Title
Christopher Miller	Chair
Catherine Maas	Member
Madeleine Scammell	Member
Dr. Dean C. Xerras	Member
Emmanuel Jonathan Tellez	Member

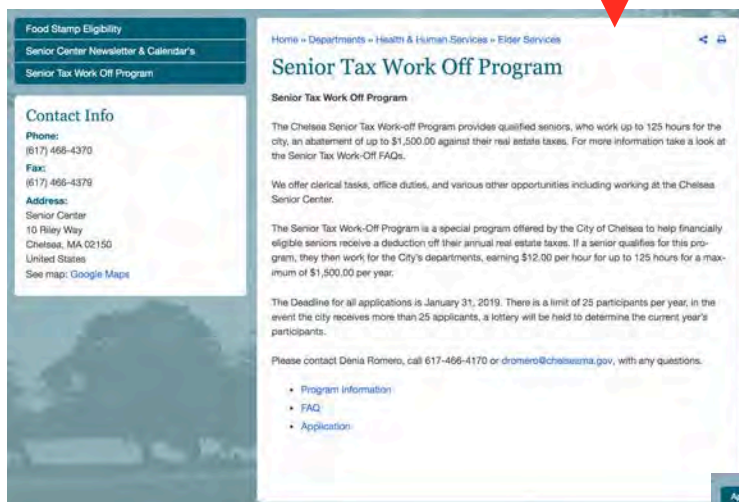
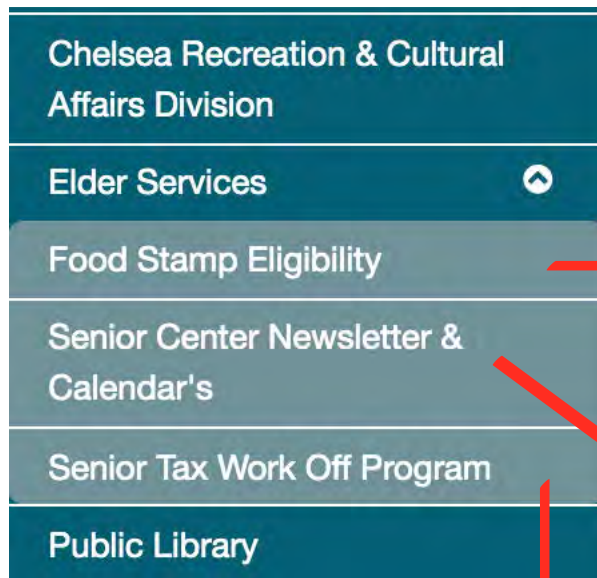
Agendas

- Board of Health Meeting
July 18, 2017 - 5:00pm
- Board of Health Meeting
March 14, 2017 - 5:00pm
- Board of Health Meeting
February 14, 2017 - 5:00pm
- Board of Health Meeting
October 11, 2016 - 5:00pm
- Board Of Health Public Hearing
September 13, 2016 - 6:00pm

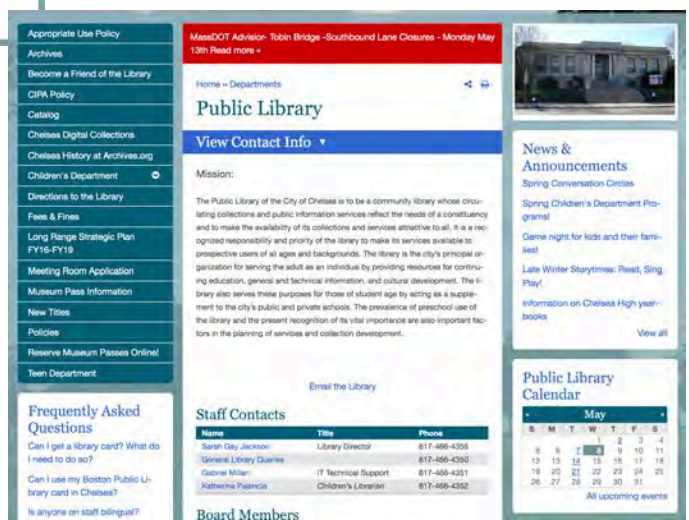
Click on [Chelsea Recreation & Cultural Affairs Division](#) will provide you with all the parks, recreational programs, boards, and contact information for the City of Chelsea.

The screenshot shows the homepage of the Chelsea Recreation & Cultural Affairs Division. The header features navigation links: ABOUT US, FACILITIES & PARKS, PROGRAMS, BOARDS, HOW DO I..., and CONTACT US. The main banner area has a green background with a soccer ball and a red banner announcing 'Summer 2019 Program Registration for Youth & Adults is now underway! Register online or come Mon-Fri 4-8:30pm & Sat 9-... Read more >'. Below the banner, there are four orange circular icons with labels: PROGRAM GUIDE, REGISTER FOR PROGRAMS, LEAGUES & PARTNERSHIPS, and GET INVOLVED. At the bottom, there are sections for 'Current Events' and 'SUMMER 2019 PROGRAM GUIDE'.

Click on the arrow in **Elder Services** to see information on **food stamps**, the **senior center's** contact information and calendar, and information on the **Senior Tax Work Off Program**.



Click on **Public Library** to see the local library's calendar, news, staff contact information, and answers to general questions.



Click on [Resources & Links](#) to find information on family literacy in English and Spanish, Medicare, MassMedLine pharmacists, health tips for the summer, Shine (free healthcare assistance to individuals with Medicare), and Social Security.

Home » Departments » Health & Human Services		
Resources & Links		
Program	Information	Phone Number
Lee y Serás	Promotes family literacy in English and Spanish.	
Medicare	Provides resources and answers to general questions.	1-800-633-4227
MassMedLine	Pharmacists provide answers to medications and recommendations to Medicare plans.	1-866-633-1617
Resources for the Summer	Health tips and resources for the Spring and Summer months.	
Shine	Provides free health care information, assistance, and counseling to Medicare beneficiaries.	1-800-243-4636
Social Security	Assistance with LIS Applications	1-800-772-1213

Click on [Resources for the Summer](#) for summer safety tips.

Home » Departments » Health & Human Services

Resources For the Summer

The Spring and Summer months signal the beginning of increased outdoor activities such as cookouts, camping, summer vacations, and trips to the beach. The Massachusetts Department of Public Health wants everyone to enjoy this season in a safe and healthy fashion.

- **Safe handling and preparation practices for fresh fruits and vegetables** - The FDA Centers for Disease Control and Prevention has reported that the occurrence of foodborne disease increases during the summer months for all foods, including fresh produce.
- **Avoiding E. coli O157:H7** - It's Cookout and Picnic Season! Learn more by reviewing [The Bureau of Communicable Disease Control's entire listing of Public Health Fact Sheets](#). Or, check out the USDA's "Focus on Summer Food Handling", "Safe Food to Go" and "A Consumer Guide to Safe Handling and Preparation of Ground Meat and Ground Poultry"
- **Safe seafood** - A clam bake is another seasonal tradition in New England. Learn more about Red Tide from the Food Protection Program. Check out The Food Protection Program's Newsletter "The Reporter", and an article entitled: "Summer is Seafood Time in Massachusetts"
- **West Nile Virus Risk and Avoidance** - including daily bird, mosquito updates, EEE information, the brochure "Preventing diseases spread by mosquitoes" and fact sheets on the West Nile Virus and Mosquito Repellents
- **Lyme Disease Awareness**
- **DPH Rabies Website** - Includes rabies fact sheets, updates, data, rabies sites for kids, and more!
- **Information on Tularemia**
- **Extreme heat precautions** - During a heat wave the body has to work extra hard to maintain a normal temperature. [CDC Information on Extreme Heat](#)
- **Summer Camp and Swimming Pool Information**
- **Preventing Beach and Pool Incidents**
- **Prevent Harmful Sun Exposure** - Learn more about harmful sun exposure from the Centers for Disease Control/ Cancer Prevention and Control Program
- **Ban the Burn** - Safe Sun Tips
- **Storm Fact Sheet and Flooding**

Click on the arrow in [Veteran Services](#) to see information on [food stamps](#) and the [Veterans Tax Work Off Program](#), including general questions, the applications, and job openings.

The screenshot shows the City of Chelsea website. On the left, a navigation menu under 'Resources For the Summer' includes 'Veteran's Services', 'Food Stamp Eligibility', 'Veterans Tax Work Off Program', and 'Weed & Seed Program'. A red arrow points from 'Veteran's Services' to the right, where a smaller screenshot of the 'getting SNAP' website is shown. Another red arrow points from 'Food Stamp Eligibility' down to the 'Veterans Tax Work Off Program' page. The 'Veterans Tax Work Off Program' page includes a breadcrumb trail 'Home » Departments » Human Resources', a title 'Veterans Tax Work Off Program', and text describing the program's benefits for veterans. It also lists links for 'Program Information', 'FAQ's', and 'Application'. The 'getting SNAP' website screenshot shows a header with 'PROJECT BREAD'S getting SNAP.org', a 'Find out today!' button, and sections for 'AM I ELIGIBLE?', 'Get Help', 'News', and 'Resources'.

Click on the [Weed & Seed Program](#) to learn more about the crime prevention program and to get contact information.

The screenshot shows the 'Weed & Seed Program' page on the City of Chelsea website. At the top, a red banner reads 'MassDOT Advisor- Tobin Bridge -Southbound Lane Closures - Monday May 13th Read more ». Below this is a breadcrumb trail 'Home » Departments » Health & Human Services'. The page title is 'Weed & Seed Program', followed by a blue button 'View Contact Info'. The 'Mission:' section describes the program as a Department of Justice initiative to reduce crime and improve quality of life. It states that the program is more than just a program but a philosophy and strategy to reduce crime and improve residents' quality of life. The mission is to bring together local human and institutional resources to combat crime and promote safety and wellbeing.

Now you have the knowledge to explore the City of Chelsea's
Health & Human Resources!